

Tips for Talking With Your Doctor

Concerns to Discuss

This form can help you organize your concerns, symptoms, or other health matters that you'd like to discuss with your doctor. Make a copy of the blank form so you will always have a clean copy to use. Then, after you make an appointment, take a minute to write down the name of the doctor and the appointment details (the date, time, address). Use the form to make a list of the concerns you want to discuss, starting from most important to least important.

Doctor:

Appt. Date:

Time:

Address:

Phone:

Appointment Details (most important to least important)

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Notes